



ENAGIC GLOBAL E-FRIENDS

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2017




Enagic®

*The
Fourth
Quarter:*

Ending the Year Strong



A close-up photograph of a flowering branch, likely a cherry or plum, with several pink blossoms and buds. The branch is dark brown and runs diagonally across the frame. The blossoms are light pink with darker pink centers. The background is a soft, warm, out-of-focus light brown or beige. The text is overlaid in a white, cursive font.

*“Use the rest of
this year to solidify
a successful 2017”*

Message from

Mr. Ohshiro



The Fourth Quarter: Ending The Year Strong

As we enter into the fourth quarter of 2017 I am reminded of how important it is to make the most of each day. While it is true that three quarters of the year are now behind us, there is still plenty of time to build your Enagic business and make a difference in the lives of others. These are things which can be done every day of the year and I encourage you to accelerate your efforts and not become complacent simply because the year is drawing to a close.

When I think back to the beginning years of building Enagic, my attitude was always to “push forward”, especially during the last quarter of the year. I was born in 1941, which is the year of the Snake, and under the Japanese belief of the zodiac animals, people born under the sign of the snake are very “driven”. You see, snakes NEVER move backwards, they ONLY move forward! I’ve always believed that success is achieved with forward movement and forward momentum.

This always forward mind-set has resulted in wonderful success for me and Enagic. As the end of the year draws ever closer, each of us will be faced with the normal end of the year challenges and distractions, but I encourage you to embrace the idea to “push forward”. Be like the snake and look ahead; move forward! Make the most of every day and remember that YOU are the one who will decide how your year will end.

My advice is to maximize the remaining days, weeks and months of 2017 with an end of the year push and to reignite your passion and allow the fire which has been created by your belief in Enagic, Kangen Water and the concept of True Health to rage into an unstoppable inferno of success. Use the rest of this year to solidify a successful 2017 and to establish the foundation on which to build an even more successful Enagic business in 2018.

With Supreme Kindness,

Hironari Ohshiro

Distributor Profile

Ricardo Hideki Shimanoë, 6A

Sao Paulo, Brazil



“I have devoted myself to sports for many years, especially baseball. In fact, I would say that baseball is my life. Throughout my athletic life I have been taught two things about “sports”. First of all is the deep relation between sports and health. Without health, we can’t enjoy any sports. At the same time, sports help keep us healthy and in a good physical condition. Secondly, that water is essential for playing any type of sports.”

Ricardo Hideki Shimanoë (6A) is a Paulista (someone from São Paulo) distributor and was the former captain of the Brazilian national baseball team. Ricardo has always cared about his drinking water and was introduced to Kangen Water in March 2016. He dove into the Enagic business and became a full-time distributor. A year later, in April 2017, he achieved the rank of 6A.

“I have been able to bring hope and happiness to many people through baseball. I have always tried to benefit the most people possible through my actions. After retiring from baseball I was fortunate to be able to learn about Kangen Water and the Enagic business. I was impressed by the company philosophy and immediately understood that by working with Enagic I could help introduce people to True Health: Mental, Physical and Financial.”

Ricardo also added, “Now, I’m in a different field from where I used to play baseball, but no matter what field I am in, I also strive to be the best, to be #1. **Focus** and **Determination** are two important key words in my business philosophy, they were crucial in my baseball career as well. I focus on showing everyone the importance and the power of Kangen Water and how these machines will eventually be in every house in the world. And my determination is to set clear goals and concrete objectives. I work hard towards meeting my goal, which is to achieve 6A2 by the end of this year.”





Turmeric OKINAWA KANGEN UKONΣ^{SIGMA™} New

**WORLD'S FIRST
TURMERIC FOOD
WRAPPED WITH
KANGEN WATER®**

Enagic is pleased to announce the recent addition of an annual Ukon subscription, called the Ukon Sigma New.

It is the same great product, but with a new purchase option, allowing a distributor to only have to renew their subscription once a year, instead of three times a year; and it automatically qualifies the distributorship for the Special Points for one year from the date of purchase. The Ukon Sigma New subscription qualifies as a full product point purchase, unlike the Ukon DD, which has a value of 1/3 of a product sale each time it is renewed. These points are accumulated and applied toward rank advancement and advanced rank bonus qualifications. The Ukon Sigma New can be ordered as only Ukon capsules or as a Combo Package, which includes Ukon capsules, Ukon Tea and bars of Ukon Soap...the choice is yours!



SUPPLEMENT FACTS

SERVING SIZE 5 CAPSULES

	Amount per Serving	%DV
Vitamin C	5 mg	8%
Vitamin E (as Tocotrienol)	36 IU	120%
Thiamine (Vitamin B1)	5 mg	333%
Riboflavin (Vitamin B2)	25 mg	1,471%
Niacin	5 mg	25%
Folic Acid	150 mcg	37%
Vitamin B-12	50 mcg	833%
Turmeric (Root)	600 mg	
Natural Turmeric Oil (Root)	50 mg	
Olive Oil	419.8 mg	
Perilla Oil	100 mg	
Flaxseed Oil	75 mg	
Evening Primrose Oil	50 mg	

*Daily Value (DV) not established
Daily recommended amount: take 5 capsules a day

If you are not familiar with Enagic's Ukon, also known as Turmeric, it is a very unique dietary supplement. Other turmeric supplements oxidize quickly upon opening, but not ours. Each capsule is individually packaged and stays preserved until it is ready to be taken.

The area where the turmeric is grown is at the northern tip of the island of Okinawa, known as Yanbaru. This region is often referred to as "nature's treasure" (shizen no takara) in Japanese. The Spring Ukon, harvested exclusively for the company, is organically grown on dedicated farms in Yanbaru and is 100% free of harmful chemicals used in lower-quality, conventional turmeric farming. The soil inherent to Okinawa is perfectly-suited to the cultivation of Ukon, providing a rich, densely-nutritious bed layer for the Ukon to grow within. It is also said that the angle and length of sunshine during a warm Okinawan day is perfectly attuned to growing Ukon.

This is the world's first supplement ever produced by combining curcumin, ionized alkaline water and 100% additive-free Spring Ukon essential oils. The patented, 100% plant-based softgel capsule is made complete with antioxidant ingredients such as olive oil, perilla oil, flaxseed and tocotrienol. In addition, carrageenan, a seaweed derivative, is used as an ingredient for the coating of the capsule. Every ingredient is 100% plant-based, vegan-friendly, with absolutely no animal products used in any way.

INGREDIENTS



CURCUMIN

Free radical scavenger and antioxidant



NIACIN

Helps maintain healthy skin and promote healthy liver function



HEALTHY MINERALS

Such as calcium, potassium, magnesium, iron, zinc, manganese, phosphorus, and selenium



FLAXSEED OIL

Promotes healthy cardiovascular function and helps maintain healthy cholesterol levels



OLIVE OIL

Helps maintain healthy levels of low-density lipoprotein (LDL)



EVENING PRIMROSE OIL

May help maintain cholesterol and blood sugar levels



PERILLA OIL

Free radical scavenger and antioxidant



TOCOTRIENOL

"Super Vitamin E" with strong antioxidants

On The Road To Success

Kangen Cars



One of the most appealing aspects of the Enagic business is that the authorized independent distributors may employ and utilize any marketing method they choose, as long as it stays within the guidelines set forth in the Enagic Policies & Procedures. One of the more visual methods of marketing has been the use of a personal vehicle to promote Enagic and Kangen Water. Sometimes it's just a phone number or website address on a back window, but sometimes it's MUCH more! In this new section, we will feature distributors who are hitting the road to success by putting their car to work for them in a big way!

Jojo Galvez - Toronto, Canada

Jojo Galvez lives in Toronto, Canada and is married with two children. He decided to use his SUV to help promote his Enagic business and Kangen Water. As you can see by the pictures, Jojo is serious about his business and uses his car as a rolling advertisement. The captivating images and easy to read contact information make it simple for anyone who sees him on the road to reach him for information about Kangen Water or the Enagic business. "I chose a picture of a pregnant lady because I wanted people to know that Kangen Water is good for anyone!"



Jojo is a 6A2 and is working towards the rank of 6A2-2, which he expects to reach very soon. When asked why he decided to use his vehicle in his marketing efforts, Jojo had this to say. "Ordinary people can achieve extraordinary success by following their dreams. My dreams are BIG and I want to be able to share information about Enagic and Kangen Water with as many people as possible. I believe that by using my car I will be able to expose more people each and every day to Enagic and Kangen Water and that I am on the fast track to fulfilling my dreams!"



In addition to being an active Enagic independent distributor, Jojo is also an Enagic Certified Trainer. We know that every success story starts with a dream and that successful people never stop dreaming. Jojo is an excellent example of a person on the road to success in the pursuit of their dreams.

Branch News

New Jersey Global Recognition Ceremony

The most recent Enagic Global 6A2-3 Meeting and Recognition Ceremony took place in the Resorts Casino Hotel in Atlantic City, New Jersey. This is a very special event and is held once every two months in different locations around the world.

The event started with the 6A2-3 meeting in the morning. The meeting was attended by both Mr. and Mrs. Ohshiro and main Enagic branch managers from the East Coast and the West Coast of North America. There were also 27 of the top European distributors who participated in the event. They were all excited to exchange their ideas and perspectives.

“Thanks to all of your hard work, we will achieve a target of 1 million units soon”, explained Mr. Ohshiro, expressing his deepest gratitude to the leaders for all of their commitment and dedication.

“I am truly glad that we could come to the USA. Our original slogan was “Change Your Water, Change Your Body”, but the current one is marvelous, “Change Your Water, Change Your Life”. It was created here in this land, accompanying many dramas, and we have grown step by step together with all of you”, Mr. Ohshiro explained to the group.

Mr. Ohshiro concluded his speech by explaining his thoughts about business building. “It is a cell of the 1A and 2A that works as a basis to organize a 6A body. So, it is necessary to activate the cell. If the cell is strong enough, the organization, too, is strong. I cordially ask you to greatly encourage 1A and 2A distributors to be more active. Your efforts will save the world. It is not an exaggeration”.

The Global Recognition Ceremony, Global E8PA Promotion and Award Dinner followed the 6A2-3 meeting later Sunday night.

The venue was packed, attracting more than 300 attendees. At the beginning of the evening it was announced that Mr. and Mrs. Ohshiro would be arriving soon. Upon hearing the announcement, the crowd buzzed with anticipation. When the Ohshiro’s entered the main hall, they received a rousing, standing ovation.

Mr. Ohshiro took to the stage and proudly explained that the company would soon gain the one millionth Kangen Family.

With a wide smile Mr. Ohshiro exclaimed, “I may possibly be the father of one million people!” His words immediately triggered thunderous applause from the crowd. He went on to discuss the E8PA resort and explain his feelings about the importance of family, “The E8PA headquarters in Sedake was built to show my gratitude for my mother. I would not be here in this hall, if she had not been born into the world. I am very glad to have the E8PA in my home town. She is always present.”

At the dinner party the attendees enjoyed a delicious meal, but Mr. and Mrs. Ohshiro were besieged by people seeking autographs or a photo opportunity. Eventually they were able to take all the pictures people wanted and signed all the autographs and were able to enjoy their meal.

During the Recognition Ceremony, team leaders were spotlighted when 6A and above distributors were invited on stage to be recognized for their achievement. After that, the title incentive winners and the monthly contest winners were recognized and honored.

Sam Sia, one of the top Malaysian distributors, was asked by Mr. Ohshiro to be on the stage during the awards ceremony and was introduced to the attendees as a key distributor in the opening of the new branch offices in both Dubai and London. After speaking for a few minutes Sam concluded by saying, “I will make an all-out effort to Enagic and to my family.”

The Global Recognition Ceremony in New Jersey was a huge success and all of the attendees had a great time. The next Enagic Global 6A2-3 Meeting and Recognition Ceremony will be held in November and Singapore will be the host country.









Branch News

Philippines

The Philippines is a beautiful country and Enagic is fortunate to have many successful distributors come from the Philippines. To celebrate the seven year anniversary of Enagic Philippines in Cebu City one of the top Filipino distributors, 6A4-2 Veronica Quinain organized and hosted an anniversary party. The party was held in the Visayan Islands area of the Philippines, a region made up of seven large islands and hundreds of smaller ones. Veronica is one the most active distributors in this entire area.

Veronica made sure the party was one to remember, by having it be a masquerade party. About 150 members of her group attended wearing costumes and beautiful, ornate masks, similar to those made famous at lavish parties in Italy during the 16th century.

Veronica started the party by going on stage and sharing her history with Enagic through a video presentation. She retraced the footsteps of her Enagic business journey since she started in 2013 and said to the audience, "I have tried more than ten different independent businesses. No mater how hard I tried, I always ended up failing. However, the Enagic business was different. It's true that it requires time and patience and it is not easy, but Enagic is unlike any other business I have ever experienced. Making your dreams come true takes work, but it is worth it once you make it happen!"

The opening introduction was immediately followed by an award ceremony for winners of the 8-Point and group contests and the recognition of the 6A and above achievers. The top 10 E8PA card sellers were also recognized and awarded, receiving Mr. Ohshiro's success story book, *Quenching the Thirst for Global Success*.

In addition to Veronica, leaders from her team took to the stage and shared their goals for the remainder of 2017. They all expressed their commitment to end the year strong and prepare for a successful New Year in 2018. Veronica ended her time on stage by emphasizing her commitment to Enagic and her team members. "I will continue dedicating my time to the Enagic business for my team's success, and strengthening bonds with my Kangen team."

The festivities were topped off with a dance contest and all the attendees enjoyed great music and delicious local food. Based

on this outstanding event and the dedication of distributors like Veronica and her team members, we believe that Enagic Philippines will continue on its wonderful journey of success for many years to come!!







Branch News

Canada

The Trainer's Training by Mr. Isobe

The annual Trainer's Training, conducted by Mr. Isobe, was held in Vancouver, Canada. This special once-a-year training is for 6A2-3's and above and is held in different countries around the world. Vancouver, which is one of the most culturally diverse cities in the world, hosted the event for the first time. Vancouver end up being a very conveniently located city, as the 60 participants were not only top distributors from Canada, but also from the USA and China.

Mr. Isobe, as usual, lectured in Japanese in his strong and commanding voice, and the training seminar was translated in both English and Chinese. The participants were presented a wide range of network business strategies and techniques. The seminar was very different from the typical distributor business training; Mr. Isobe covered pedagogy and psychology, as well as management, and focused on human nature and characteristics. All of the attendees listened intently and learned many new things from these unique and informative training lessons.

At the conclusion of every seminar it is evident that the participants have been greatly influenced and have experienced a life changing personal transformation. These seminars embark beyond the traditional business training topics and the participants learn about themselves and how they can tap into their own existing strengths and feelings in order to develop stronger business, and even personal, relationships. The positive change can literally be seen on the faces of every attendee.

Tamia Bethea (6A2-4), the leading distributor from New York City, was invited as a guest speaker and she assisted Mr. Isobe with portions of the seminar. Tamia is to succeed the Japanese director and so the Vancouver seminar became her debut as a business trainer for top Enagic distributors around the world.

On the final day of the four-day training seminar, a graduation ceremony was held. In the group of the final graduates there were 12 Master Trainers, 18 Senior Trainers and 30 Standard Trainers. All of them were very proud and look forward to sharing their new found knowledge with other distributors from around the world. During the graduation ceremony each graduate was presented with a certificate and a gold trainer's lapel pin from Mr. Isobe. The ceremony was followed by a festive party. Enagic is excited to have these new trainer's and we anticipate that, with their help, great successes and accomplishments will be made all over the world!



60 top distributors listen attentively to Mr. Isobe.



Mr. Isobe conducts a participatory seminar.



Various exercises help feeling unified.



The participants are different nationalities around the world.



A graduate proudly receives a certificate and gold badge.



The graduates with Mr. Isobe.



Group photo, "Let's unify!!"



Branch News

Enagic Golf Academy

2017 AJGA Enagic Junior Championship

The 2nd AJGA Enagic Junior Championship was held at the Wilshire Country Club in Los Angeles, CA, USA, for four exciting days during August. The tournament was provided courtesy of Mr. Ohshiro, who encourages young golfers who want to use their golf skills to secure their future and see the world. One hundred boys and girls participated in the final competition, including five teen golfers from the Enagic Golf Academy of Okinawa, and four golfers who were invited from Thailand.

The match, which was held in one of the most prestigious golf courses in Los Angeles, was challenging for all of the participants and put the skill and talents of each player to the test. Unfortunately, the five students from the Golf Academy were unable to pull out a victory during this fierce competition. Haruki Miura, a graduate of the Golf Academy and Victoria Tip-Aucha, a Thai player, both scored well enough to place fifth in the finals. Haruki lives in Los Angeles and is practicing hard in the hopes to become a professional golfer. Although they did not win, the experience of traveling to another country and playing against golfers from all over the world will surely benefit the five Okinawan youth and will help secure their future as they continue to develop their golf skills and pursue the game of golf around the globe.



From left to right, Mr. Ryujin Yonamine, Ms. Hino Shimabukuro, Mr. Hayato Kinjo, Ms. Yunano Miyagi and Mr. Haruki Miura.



Registration



With a view of the Hollywood Sign, a landmark of Los Angeles.



Haruki Miura - First round action



Mr. Ohshiro Hironari and Mr. Haruki Miura - Awards Ceremony



Enagic Golf Academy students and the invited player from Thailand. Mr. & Mrs. Ohshiro (the center) and Mr. Higa, Enagic USA CEO (far right)



Enagic Academy students with Haruki Miura.



The valued distributors, Mr. Eli Dafesh (6A12-5), far right, and Mrs. Jilina Dafesh (6A6-3), the second one from left, encourage the teen golfers.



Boys and Girls Winners

Branch News

Australia

On the rise...down under

Enagic Australia is a very busy office and is fortunate to have some of the best distributors in the world. They also have some of the best distributors in the world. We would like to take this opportunity to introduce one such distributor, a distributor on the rise with Enagic!

Meet Enagic distributor Robert Joekar. Robert started with Enagic about 3 months ago when he was introduced to the benefits of the water produced by Enagic machines. "I discovered so much about the water by my beloved partner. She introduced me to the many advantages of the Kangen Water and the Enagic devices."

After buying his machine and drinking the water for a month, Robert noticed a number of improvements. "I could tell a noticeable difference in my hair, my skin and even my digestive system."

Robert is currently completing his PhD degree in engineering and is a strong believer of moving forward with renewable energy and going green. "I will only share a product where the results speak for themselves and I am excited to be on this journey. With Enagic I can share ways to achieve a healthier lifestyle with anyone who is interested."

We asked Robert if he had any comments regarding his latest business efforts. "Yes I do, I'm very excited! My passion for Kangen Water and my dedication to the business has allowed

me to become the first Speedy 2A achiever in all of Australia! I am excited by this achievement, which has motivated me even more to keep helping others to enjoy their life to the fullest and to fuel their bodies with Kangen Water. My new motto is "Health is Wealth" and I plan to make everyone I talk to very wealthy indeed!"

We believe that Robert will effectively spread the message of True Health and we wish him continued success as an Enagic distributor.



ENAGIC SINGAPORE GLOBAL RECOGNITION CEREMONY



and CEO SEMINAR
Monday, 13th of November
at Marina Bay Sands
Resort & Casino



TICKET ADMISSION RATES

September	SGD \$185
October	SGD \$210
November	SGD \$230

12th Nov

02:00 PM 6A2-4 and Above Meeting
07:00 PM 6A2-4 and Above Dinner

13th Nov

10:30 AM Registration
11:00 AM 6A2-3 and Above Meeting
12:00 PM Break
01:30 PM Seminar & Training by CEO &
Top Distributors
07:00 PM Dinner & Recognition Ceremony

PLEASE DOWNLOAD the
Application Form at
enagic.com.sg/e8paconvention

*Priority Given to E8PA Card Members and
6A & Above Distributors.

Free 2-Night stay at MBS Hotel for the
first 20 E8PA Black Card holders to register!



ENAGIC® 8 PROSPERITY ASSOCIATION

Kangen Cattle



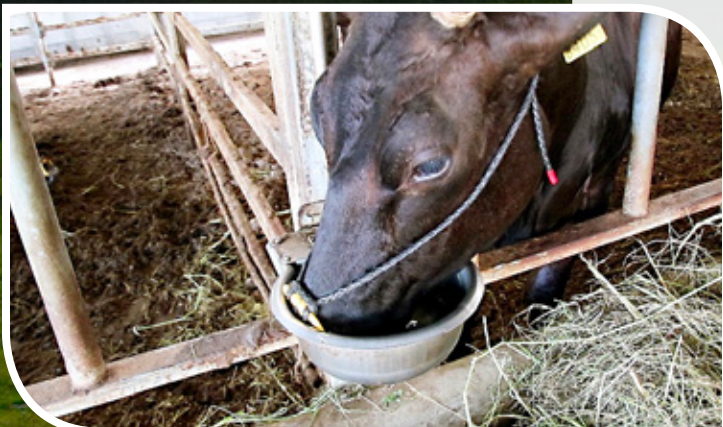
Enagic's Kangen-Gyu Beef Cattle wins 1st place for the second consecutive year in Livestock Show in Nago City, Okinawa.

Four years ago Enagic began breeding our cows at the Enagic Farm in Sedake, Okinawa. These are specially bred cattle given the best care and, of course, given Kangen Water. After the first two years raising our special cattle we believed they were ready to be put to the test in a livestock show. One of the first Kangen-Gyus, named "Yae" (affectionately derived from Mrs. Yaeko Ohshiro), won 1st place in last year's Livestock Show in Nago City. This year another Kangen-Gyu took the honor.

Our Kangen-Gyus are considered high grade cattle in the market and are priced 50% higher than normal cows. Infectious diseases are one of the most feared issues when breeding cows, however, Kangen-Gyus, with the help of Kangen Water, have grown without any diseases for the past four years.

Our cows are currently bred with great care and affection by two Kangen Farmers, who are also former members of the Enagic Baseball Team. These cows are registered as a trademark of Enagic and are officially referred to as a "Kangen Cow". The Okinawa Prefecture has praised the good practices of our livestock farming. In fact, the farming is so controlled that, for hygiene and prevention of the spread of pathogens, tours of the farm are prohibited.

Our cattle breeding started with only five Kangen-Gyus, which now has increased to over twenty head of cattle. The barn is getting crowded as the cattle grow, and our Kangen Farmers are planning to build an extension. We'll keep you posted with future news and updates, so look forward to more announcements from the Kangen Farm in future issues!



Kangen Water is automatically refilled from the tank into their water bowls.



The cattle barn currently stocks over 20 Kangen-Gyus.



Champion Beef Cattle "Kazuhome" with breeding staff Henna(left) and Haneji(right).



Mr. Ohshiro proudly holds the champion's certificate from last year's livestock show.

Road to 6A

The Fourth Quarter: Ending the Year Strong

Enagic is very fortunate to have distributor leaders with extensive experience in direct sales and the network industry. These people have taken it upon themselves to share their knowledge with their fellow distributors. This article was created from input of a few of these outstanding leaders.

In the direct sales and network industry the fourth quarter may be one of the most important times of the year. While the first three quarters of the year are important, the final quarter is when each independent distributor has the opportunity to end the year on a very positive note and the chance to secure the foundation for success in the New Year.

And RIGHT NOW is your chance to maximize momentum which was created by the Speedy 2A promotional campaign. With the help of this campaign, Enagic had a record number of individuals purchase machines and become active distributors. Even if you did not personally make a sale or qualify for a cash reward from the campaign, you can still use the momentum created by this successful campaign to your advantage.

All of these new distributors help create excitement about our products and business opportunity, which you can share with others. Excitement is contagious and people want to know about exciting things. All you have to do is visit a social media website, like Facebook, and you will literally see hundreds of posts from excited distributors from all over the world.

These posts include comments about the high quality of the Enagic products and that people from all over the world are succeeding in the Enagic global opportunity. These comments also convey the legitimacy and effectiveness of the Enagic business. By connecting with these and other Enagic distributors, on social media websites, you will in turn be able to expose your own contacts to this exciting information.

Remember, as an independent distributor, the success of the company is success shared by you, either directly or indirectly. The more the company grows and spreads the idea of True Health, the stronger your business prospects will become. Every time Enagic receives another honor or breaks another record, as an Enagic independent distributor, you receive potential benefit as a result of the accomplishment.

So, as we enter into the fourth quarter, take advantage of the momentum and excitement that have been created and continue to help share Mr. Ohshiro's concept of True Health and the benefits of Kangen Water. Make your final push to the end of the year and finish 2017 strong!

Make your final push to the end of the year and finish 2017 strong!

Change Your Life

MAGAZINE

See how Enagic is changing lives!

Are you putting the HOTTEST marketing tool to work for you? The 2017 Enagic Change Your Life magazine is one of the best marketing tools ever produced by Enagic! More than just a lifestyle magazine, it is a 100+ page magazine filled with stories of inspiration, information about the company, a snap-shot look at the ranking system, a brief introduction to Enagic founder, Mr. Ohshiro and much, much more.

This is the PERFECT resource for your serious business prospects. It features stories of successful distributors from all over the world. While every story is different, they all have one thing in common...the fact that the Enagic business is what turned their dreams into reality! This magazine is an absolute MUST for any serious distributor and makes a great gift for a new distributor or prospect!

The Enagic 2017 Change Your Life magazine is high a quality, beautifully produced magazine, with vivid images and inspiring information. Including...

- **History of Enagic**
- **Global Offices & Service Centers**
- **Certification Information**
- **Ranking System**
- **Product Profiles**
- **Enagic Factory**
- **Opportunity Overview**
- **Distributor Leader Feature Articles**
- **and more!**



Have a copy for your coffee table and have a few copies on hand to give to your best business prospects. Share with them these incredible stories of success, brought about by hard working individuals dedicated to the Enagic idea of True Health. Quantities are limited, so get yours today!

Cooking with Kangen

Sun-Dried Tomato and Spinach Asiago Chicken Pasta

This delicious chicken breast dish is perfectly complemented by the fresh spinach and sun-dried tomatoes! The creamy Asiago cheese sauce perfectly coats the penne, which is the perfect pasta for this dish. To make this recipe gluten free, simply substitute traditional wheat based penne pasta with a gluten free penne pasta.

Ingredients:

- 1 lb chicken breast, sliced in half, chopped
- 1/3 cup sun-dried tomatoes with oil (2 tablespoons)
- 2 cups fresh spinach
- 3 garlic cloves, minced
- 1 1/3 cup half and half (and more)
- 1/4 teaspoon salt
- 1 cup Asiago cheese, grated
- 8 oz penne pasta
- Salt & pepper
- Paprika

Directions

- Clean fresh produce with 11.5 pH Strong Kangen Water, then with 2.5 pH Strong Acidic Water, followed by a 9.5 pH Kangen Water rinse.
- Cut sun-dried tomatoes and heat in 2 tablespoons of olive oil with the chopped garlic on medium heat. Add chopped chicken breast, generously season the chicken in the skillet with salt and paprika. Cook chicken until fully cooked.
- In the same skillet as the chicken and sun-dried tomatoes, add 1 cup of half and half and 1/4 teaspoon salt - bring to boil. Add grated Asiago cheese and stir for about 30 seconds to melt the cheese. Reduce the heat from boil to simmer and continue stirring to make sure all cheese melts. If the sauce is too thick, add another 1/3 cup of half and half and stir.
- Cook pasta according to package instructions. For best results, boil pasta in the 5.5 pH water until "al dente". Drain and rinse with 9.5 pH Kangen Water to stop keep the pasta from overcooking.
- Add cooked and drained pasta to the chicken and sauce mixture. Add spinach, stir ingredients - cover and simmer on low until spinach wilts. After spinach has wilted, stir ingredients and serve. Salt and pepper to taste.

*Live Healthy -
Live Delicious!*



Stories of Success

Entering the 4th Quarter – Time to speed up, not slow down!

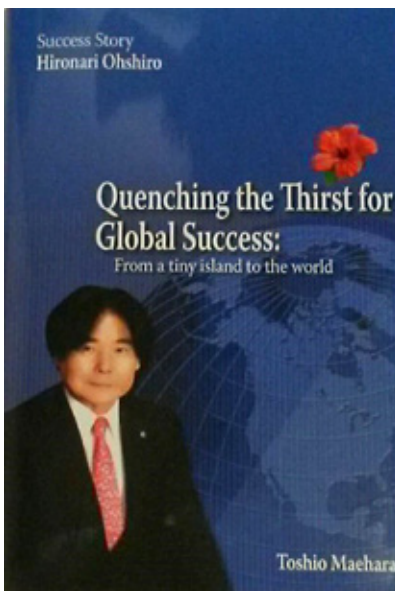
Today, more people than ever before are dreaming of success and striving to achieve it. What's more, today more people than ever before have access to the chances and opportunities that will enable them to grasp hold of success. The world has grown smaller; we can now witness the success stories of those around us.

But look closely at the trajectory of a successful person, and you will likely see how, in most cases, these people have travelled a path fraught with great difficulty, adversity, obstacles, failures, and setbacks. Success, it seems, cannot be achieved without failure.

So to those people who dream of success but have yet to achieve it, I say this: perhaps you have simply failed to follow your dream to the end. You have bailed out too soon. Success is still within reach, but to get there, you need energy in order to fuel the tenacity and tolerance you'll

need to keep hanging on—just a little longer—until you have reached your goal.

Hironari Ohshiro, the man this book takes as its subject, is a classic example of how to preserve on the path to success. He has overcome challenges, stood firm in the face of setbacks, and always sought to turn adversity into opportunity. His ability to use turn-around thinking and keep a positive attitude has driven him forward. His is a unique success story, for a number of reasons.



Firstly, he managed to create, from nothing, over 650,000 customers for his product around the world in a very short time. Secondly, he has refused to buckle in the face of failure. Thirdly, he has developed a quite distinctive way of doing things. And finally, he embodies the true entrepreneurial spirit, facing up to challenges armed with nothing but determination and imagination.

Above is an excerpt from the book **Quenching the Thirst for Global Success**, the Success Story of Hironari Ohshiro. It is filled with incredible lessons, motivational stories and the actions that were taken to create Enagic.

A must for distributors, it is available at www.enagic.com/shop



Congratulations to each of you for your outstanding achievement!

In addition to providing Enagic Distributors with information and resources to help them succeed, the Executive E-Newsletter will also serve as a way for us to recognize the outstanding achievements and rank advancements of our valued Independent Distributors. While we would like to be able to recognize each person who has advanced in rank by name, the sheer volume of new distributors advancing in rank makes it impossible. Instead, we will recognize each person that advances to the rank of 6A and above by name in this section of the newsletter. We are extremely grateful and very proud of the achievement of each person listed below and we encourage every distributor to work hard to achieve the rank of 6A and above so that your name may be proudly displayed with those that are moving up the ranks in the Enagic business.



HUFNAGL SILVIA	Austria
LAJUR	Brazil
HARDW HOLDINGS LTD.	Canada
KEVIN A MELNICK	Canada
SIDNEY K FISETTE	Canada
AARON R FRASER	Canada
MIKE S LEONOVICH	Canada
DRAPER LEONARD GENAWAY	Canada
CAPE NOVA TRANSPORT LTD	Canada
KATELYN MCKENZIE	Canada
JOANE LUSTRE	Canada
POLLUTION ZERO INC	Canada
SIEW L.V. LEONG / TWINKLE RESTAURANT	Great Britain
MARTA SATOCHINA	Great Britain
MASTER LIM LTD	Great Britain
AGNIESZKA BUDLEWSKA	Great Britain
HERO HO	Great Britain
YING MING	Hong Kong
CF CONSULTANT(HK)LIMITED	Hong Kong
GLOBAL STAR CO	Hong Kong
DAI SU MEI	Hong Kong
LAI CHEUK HUNG	Hong Kong
SOUTHSEA CAPITAL LTD	Hong Kong
US ONION INTERNATIONAL GROUP LTD/CHEONG PUI S	Hong Kong
LEUNG CHEONG HO SAMUEL	Hong Kong
SANTOSH KUMAR TIWARI	India
MOHANA KRISHNA BHATTI PROLU	India
KONDAMU LALITHA	India
NEERAJ PULICAT RAMANATHAN	India
ADETIA RIZKY MAULANA	Indonesia
I WAYAN SUARTANA	Indonesia
ANDRO YUNUS	Indonesia
EKO MARTONO HALIM	Indonesia
AMRI	Indonesia
EVI LUTFIAH	Indonesia
INDRA FRIADI	Indonesia
FERRI ADI SETIAWAN	Indonesia
MARDALENA S.PD	Indonesia
SLAMET SUKOCO	Indonesia
RAHMAT SAEPUL ANWAR	Indonesia
CV. AFINA	Indonesia
RAHARJA GILAR BUDI	Korea

LOONG ZHI YEE	Malaysia
CHIN YOON LING	Malaysia
SURIYATI BINTI MOHD ASHARI	Malaysia
JOHN MICHAEL TS YEUNG SIK YUEN	Mauritius
RAMON LORENZO SANTOS	Philippines
KRAIG QUINAIN	Philippines
APRIL CANDE DEQUITO	Philippines
MARITES OCAMPO	Philippines
LUCY GO	Philippines
JANET MADUCDOC LIM	Philippines
IRMA P ESCUDERO	USA
LESLIE B. CENTENO	USA
CONFIDENCE NJOKU-AUSTIN	USA
WATERHOLE MARKETING LLC	USA
KAYLA DELARGY	USA
ROSITA T. GAMBOA	USA
ISABELA A. MANGONON	USA
ROSE LILY CARANDANG	USA
LEON N PATILLO	USA
MAUREEN A. ENGEL	USA
SARA B MATTHEWS	USA
JOSE POBRE	USA
BOBBY GLANTON SMITH	USA
AWESOME LIFE INC	USA
FOUNTAIN OF YOUTH	USA
KANGEN KINGDOM LLC	USA
BRYAN AKILI POLEE	USA
KERENHA SILVA	USA
ANTHONY Q. LEWIS	USA
RAMESIS ALZONA REYES	USA
WILLIAM JORDAN	USA
WELCOME HOME MINISTRIES	USA
MELINDA M COLLINS	USA
FREE 2 BE FAMILY LLC	USA
CYNTHIA ANN SOUTHERBY	USA



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FIRMA AGNES INES HOFSTATTER	Austria
GARRETT FRANCIS MARKETING	Canada
DRAPER GENOWAY	Canada
DARREN J EWERT	Canada
WAH KAM HO	Great Britain
KAM MAN HO	Great Britain

CL ELEMENT WATER CLUB	Hong Kong
GLOBAL STAR CO	Hong Kong
JOY GIANT LTD/ HAU SZE YIN IRIS	Hong Kong
ELNATH TORRES ERIDANY.S.ST	Indonesia
ELYA ARMY	Indonesia
BINSAR Z.A. NASUTION	Indonesia
EUIS SETIARSIH	Indonesia
SLAMET SUKOCO	Indonesia
BOO MEI YIN	Malaysia
CHAN CHUN MUN	Malaysia
CANDELARIA DEQUITO	Philippines
BEATRIZ LEDESMA	Philippines
RICHARD F MENDOZA	USA
KAYLA DELARGY	USA
KANGEN KINGDOM LLC	USA
ISAAC QUINTANILLA	USA



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PROJECT FREEDOM 35 MARKETING INC.	Canada
ERIC HO	Great Britain
CHRISTIAN BRANDSTETTER	Great Britain
BOO MEI YIN	Malaysia
CHAN MENG YEE	Malaysia
ELMA KRISTOFFERSON	Philippines
SANG DUK KIM	USA
INNOVATIVE MARKETING SYSTEMS CORP	USA

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GLOBAL STAR CO	Hong Kong
SOMANCHI SSHA RATHNAM	Malaysia
AMERICAN MARKETING CORP	USA

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TRUE HEALTH	USA
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*Setting the standard
for over four decades!*